



Tamarind

Sweet-Sour. Fiber Strong. Antioxidant Wingman.

J&C Tropicals

We Tropic Like It's Hot



Antioxidant Protection

Rich in polyphenols, flavonoids, and tartaric acid that help fight oxidative stress, support heart health, and promote healthy aging.



Mineral-Rich Support

Provides key minerals including magnesium, potassium, iron, calcium, and phosphorus—supporting muscle function, energy metabolism & bone health.



Digestive Fiber Support

High in soluble and insoluble fiber to aid digestion, prevent constipation, support gut health, and help manage cholesterol levels.



Natural Energy Source

Contains natural carbohydrates and sugars that provide quick, accessible energy—commonly used in traditional tonics and energy-supporting foods.



Blood Sugar Balance

Natural acids and fiber may help slow carbohydrate absorption, supporting steadier blood sugar levels when consumed in moderation.

To order Tamarind email sales@jctropicals.us or call 305.255.5100

J&C Tropicals • 10200 NW 21st St. Suite 112, Doral, FL 33172 • jctropicals.us • @jctropicals





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Pack Size	40 x 1 Box	40 x 1 Box	16 x 1 Box	16 x 1 Box
Variety	Paste - Seeds	Paste - Seedless	Fresh - Sweet	Fresh - Sour
Case Dimensions	20" L x 12" W x 6.5" H	20" L x 12" W x 6.5" H	15.2" L x 11" W x 11.5" H	15.2" L x 11" W x 11.5" H
Ti/Hi	6 x 10	6 x 10	6 x 10	6 x 10
PLU	4448	4448	4448	4448
UPC	8 47380 00140 7	8 47380 00140 7	8 47380 00000 4	8 47380 00135 3
GTIN ITEM	N/A	N/A	847380001773	847380001766
Country of Origin	Thailand	Thailand	Thailand	Thailand

Consumers: Hispanic, Caribbean, Asian, Polynesian, Anglo

● Limited Supply ● Regular Supply ● High Supply

JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC
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Nutrition Facts

Amount per serving

Calories 240

Protein	3 g
Fiber	5 g
Carbohydrates	63 g
Fat	0.5 g
Sugar / Energy	39 g
Potassium	630 mg
Iron	2.8 mg
Vitamin A	10 mcg
Vitamin B12	-
Vitamin C	4 mg
Vitamin D	-
Calcium	74 mg
Magnesium	10 mg
Energy Index	240 kcal

Per 100gr



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